# DANCE

## What can I do with this major?

<table>
<thead>
<tr>
<th>AREAS</th>
<th>EMPLOYERS</th>
<th>STRATEGIES</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>PERFORMANCE AND CHOREOGRAPHY</strong></td>
<td>Performing arts companies:</td>
<td>Begin formal training in classical dance and later move towards a particular style.</td>
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<tr>
<td>Ballet</td>
<td>Dance</td>
<td>Join campus and community organizations dedicated to dance. Volunteer as much as possible.</td>
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<tr>
<td>Modern</td>
<td>Theatre</td>
<td>Prepare for professional auditions by participating in dance competitions and enrolling in summer training programs and workshops.</td>
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<tr>
<td>Jazz</td>
<td>Opera</td>
<td>Rehearse on a regular basis to stay in top form. Maintain good health and physical stamina.</td>
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<tr>
<td>Tap</td>
<td>Touring</td>
<td>Obtain formal training in vocal performance and drama.</td>
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<tr>
<td>Hip-Hop</td>
<td>Broadway</td>
<td>Develop a broad understanding of music, literature, history, and other arts to help interpret ideas and feelings in dance.</td>
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<tr>
<td>Theater Dance</td>
<td>Off broadway</td>
<td>Although completing a college degree is not essential for a career as a professional dancer, it is necessary for many other dance related occupations.</td>
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<tr>
<td>Culturally-Specific Dance</td>
<td>Television and motion picture industries and studios including:</td>
<td>Opportunities are limited for full time work. Many dancers hold other jobs.</td>
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<td>Amusement and recreation venues:</td>
<td>Television shows</td>
<td>Understand that dancers may work long and late hours since many rehearsals and productions are in the evenings.</td>
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<td>Theme parks</td>
<td>Commercials</td>
<td>Prepare to relocate to areas with higher concentrations of art and dance related employers such as New York City, Boston, Atlanta, Chicago, and Los Angeles.</td>
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<tr>
<td>Cruise ships</td>
<td>Movies</td>
<td>For choreography positions, consider the following: Seek formal training and experience in dancing first.</td>
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<tr>
<td>Resorts</td>
<td>Music videos</td>
<td>Serve as choreographer for local dance schools and camps and for student performances on campus.</td>
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<tr>
<td>Casinos</td>
<td>Amusement and recreation venues:</td>
<td>Accumulate years of dance experience to build a professional reputation.</td>
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<tr>
<td>Restaurants</td>
<td>Self-employed/freelance work</td>
<td>Develop expertise in music, costuming, and staging.</td>
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</tbody>
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## Areas

### Education
- Formalized Instruction
- Recreational or Self-Enrichment Instruction

### Administration
- Arts Management
- Company Management
- Artistic Direction/Rehearsal Direction
- Promotion
- Tour Management
- Facilities Management
- Event Planning
- Booking
- Public Relations
- Marketing
- Dance Accreditation

### Dance/Movement Therapy
- Dance therapists work with individuals, couples, families, or groups using both verbal counseling techniques and movement interventions.

## Employers

### Education
- K-12 schools, public and private
- Colleges and universities
- Private dance studios and schools
- Conservatories
- Performing arts camps
- Community agencies
- Adult education and continuing education programs
- Physical fitness centers
- Recreation centers/clubs

### Administration
- Cultural organizations and arts councils
- Theaters and arts venues
- Dance companies
- Dance studios and academies
- Musical theater production companies
- Dance festivals
- National Endowment for the Arts

### Dance/Movement Therapy
- Schools and special education settings
- Nursing homes
- Rehabilitation facilities
- Psychiatric and medical hospitals
- Community mental health agencies
- Wellness centers
- Alternative health centers
- Private practice

## Strategies

### Education
- Acquire a teaching certificate for public school teaching. Learn about requirements by state.
- Earn a graduate degree to teach in higher education and many conservatories. Specialize in an area such as ballet, modern, jazz, etc.
- Develop strong communication skills and teaching ability through coursework and campus activities.
- Gain experience working with children through volunteer or part-time work.
- Become proficient in many styles and forms of dance.

### Administration
- Pursue education in arts management, business, or non-profit management.
- Join organizations that plan and host campus cultural attractions and entertainment events.
- Develop administrative, leadership, and organizational skills.
- Participate in internships and/or volunteer activities to gain related experience.
- Learn how to write grants and to communicate effectively both orally and in writing.

### Dance/Movement Therapy
- Take courses in psychology, social work, education, or child and family studies along with developing a broad education in dance.
- A master’s degree in dance/movement therapy, counseling, or psychology and a clinical internship in dance therapy are required. After completion, you hold the Dance Therapist Registered (DTR) designation.
- Learn to work well with many types of people and develop excellent communication skills.
- Volunteer in a rehabilitation setting.
- Join the American Dance Therapy Association.
- Consider an undergraduate degree in recreation therapy for a wider range of job prospects.
### AREAS

**MEDIA**
- Dance Writing
- Dance Criticism
- Dance History

**EMPLOYERS**
- Newspapers
- Magazines
- Websites
- Book publishers

### STRATEGIES

Develop excellent writing and editing skills along with knowledge of the history and culture of dance.

Write for campus or local newspapers. Create a portfolio of writing samples, especially those that have been published.

Seek opportunities for recognition and networking through writing contests and freelance writing submissions.

Learn HTML and other computer programs to prepare for online work. This area of journalism is growing while print is declining.

Become comfortable working in a deadline-oriented atmosphere.

### GENERAL INFORMATION

- Because of keen competition in the field, dancers and choreographers often go through periods of unemployment. Develop other skills that qualify you for alternative work when between dance jobs.
- Dance is a physically demanding profession; many dancers stop performing in their late thirties and transition to other related fields.
- Perseverance, self-discipline, and patience are important traits to cultivate along with physical stamina and creative abilities.
- Learn how to deal with rejection and criticism as these can be common when auditioning for jobs.
- Join a relevant union or guild to be eligible for work assignments.
- Internships with dance companies or theater groups can provide experience and networking opportunities. The National Dance Association offers internships and volunteer positions.
- Some students may pursue the Master of Fine Arts in Dance to further their careers in performance or choreography. Others will earn a Master of Arts to pursue careers in dance history, dance critique, or arts management. The bachelor's degree can also serve as preparation for a variety of other graduate programs including law and business.
- Students pursuing a degree in dance may choose to work outside the field of performing arts. Many career areas, such as sales and management, are open to people from nearly any discipline if they have developed transferable skills and sought relevant experience. Learn how to discuss and demonstrate these skills to potential employers in interviews.
- Some niche areas exist within the dance industry such as dance notation and reconstruction which is typically done by freelancers or dance professors.